

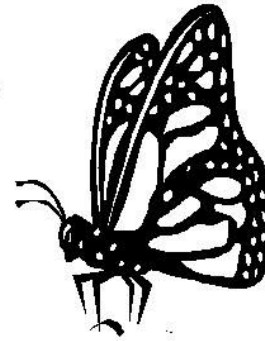


## Butterflies & Butterfly Gardens

Butterflies go through several stages of life; egg, larva, pupa and adult. Most adult butterflies live only 2-3 weeks. Within this time they must find a mate, reproduce, seek and find shelter and avoid being eaten. There are several ways to encourage butterflies to visit our gardens. They need what are called "host plants" for the larva stage. Larva host plants provide shelter, camouflage, courtship areas and reproduction areas. They also need what are called "nectar plants". These plants provide nectar throughout the butterflies' adult life. Lastly butterflies need a source of minerals which they receive through "puddling". Natural sites are along dirt roads and paths where water accumulates and evaporates regularly. This occurrence concentrates the minerals in the puddle. The majority of butterflies that are puddling are males. They are attracted to the salts/sodium that they require for mating, especially the 2nd mating.



There are several types of butterflies in our area; Swallowtails, (Zebra, Tiger), Whites (Cabbage, Checkered), Sulfurs (Clouded, Alfalfa), Coppers (American, Purplish), Hairstreaks (Brown Elfin, Gray), Blues (Spring Azure, Eastern Tailed Blue), Brushfoots (Buckeye, Mourning Cloak, Question Mark, Coma), Skippers (European Skipper, Silver Spotted Skipper), Milkweeds (Monarch), and Admirals (Viceroy, White Admiral).



### This group of plants are host plants for butterfly larva and eggs

#### Perennials

Asters  
Chelone  
Cimicifuga  
Clover  
Helenium  
Lupines  
Milkweed  
Stonecrop

#### Grasses

Sedges  
Crabgrass

#### Herbs

Borage  
Fennel  
Parsley  
Pineapple Sage

#### Vegetables

Asparagus  
Beans  
Cabbage  
Broccoli  
Carrots

#### Shrubs

Dogwood  
Spiraea  
False Indigo

#### Trees

Cherry  
Elm  
Locust  
Oak



### Sampling of top plants for this group.

Milkweed - Great Spangled Fritillary, Monarch  
Meadowsweet - Spring Azure  
Parsley—Black Swallowtail  
Wild Black Cherry - Tiger Swallowtail  
Lupines—Silvery Blue

This group of plants provide nectar for adult butterflies.

#### Perennials

Achillea  
Arabis  
Asclepias  
Aster  
Astilbe  
Centaurea  
Chrysanthemum  
Clematis  
Coreopsis  
Dianthus  
Echinacea  
Echinops  
Gaillardia  
Hemerocallis  
Liatris  
Lobelia  
Nepeta  
Phlox  
Primula  
Rudbeckia  
Scabiosa  
Sedum  
Solidago  
Veronica

#### Grasses

Sedges  
Crab Grass  
Calamagrostis

#### Annuals

Alyssum  
Cosmos  
Impatiens  
Marigolds  
Nasturtium  
Verbena  
Zinnias

#### Herbs

Chives  
Lavender  
Mint  
Rosemary

#### Shrubs

Butterfly Bush  
Lilac  
Rhododendron  
Viburnum

### Sampling of the top plants from this group.

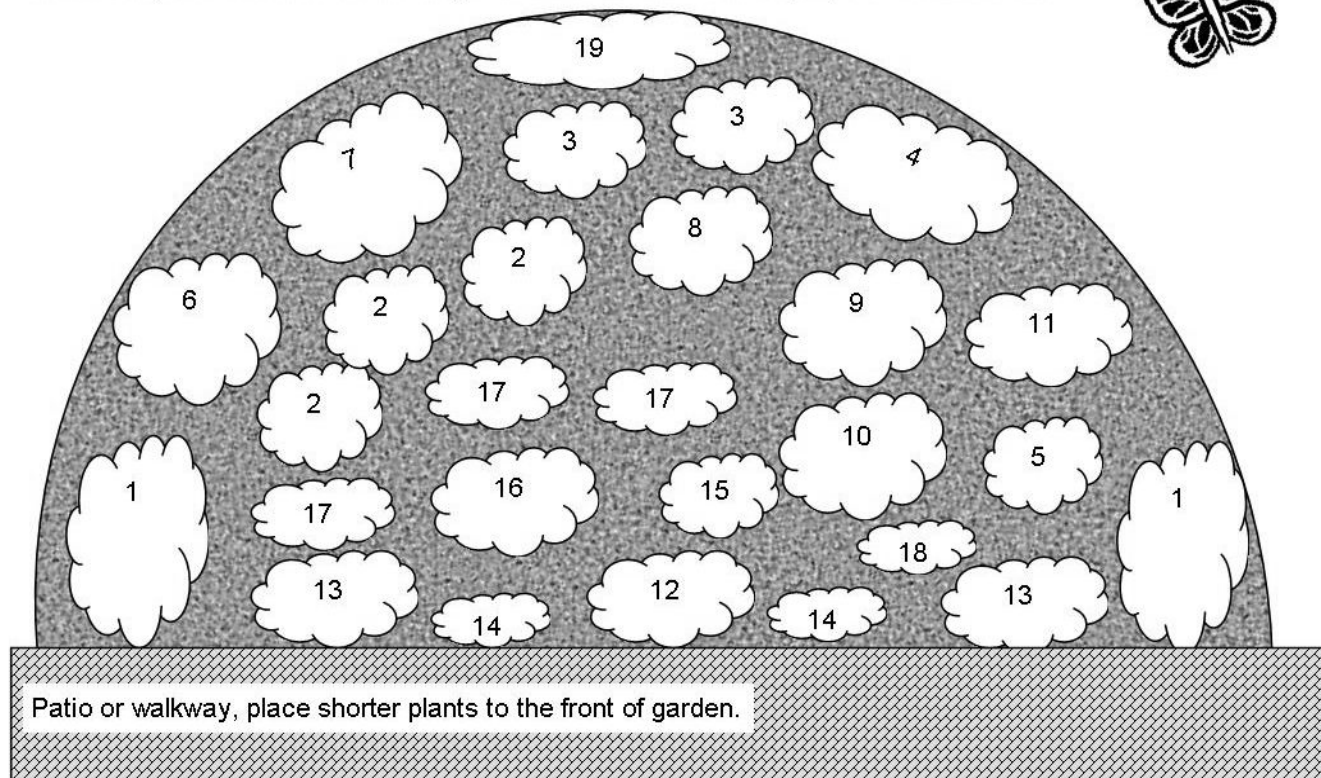
Butterfly Bush, Lilac - American Copper  
Blackeyed Susan - Baltimore/Pearl  
Crescent  
Liatris - Great Spangled Fritillary  
Joe Pye Weed, Purple Dome Aster - Monarch



Puddling areas should be in a sunny area of the garden. If you don't have naturalized areas of puddles you can create your own. Simply take a container, dig a hole in the ground and place the container inside the hole and fill with rock or sand. Water the container thoroughly. You can keep it saturated with water, sweet drinks or stale beer. Butterflies will also be attracted to rotting fruit. Such as apples, bananas and oranges. This can be placed in a hanging container away from ants.

## Sample plan for a Butterfly Garden in a sunny location.

Place taller plants to the back of the garden. Remember - don't spray with insecticides.



# Butterfly Gardens

### Key to Garden Plan—A Large Butterfly Garden

- |                               |                           |
|-------------------------------|---------------------------|
| 1=Tinkerbelle Lilac           | 13=Marigold low variety   |
| 2=Aster Purple Dome           | 14=Salvia Marcus          |
| 3=Globe Thistle               | 15=Lantana                |
| 4=Joe Pye Weed                | 16=Coreopsis Moonbeam     |
| 5=Phlox Magic Blue            | 17=Lavender Goodwin Creek |
| 6=Liatris Button Blazing Star | 18=Chives                 |
| 7=Black Eyed Susan            | 19=Bronze Fennel          |
| 8=Phlox Paradise Blue         |                           |
| 9=Echineaca                   |                           |
| 10=Monarda Petite Delight     |                           |
| 11=Phlox David                |                           |
| 12=Gaillardia Summers Kiss    |                           |

For larger spaces more than one plant of a variety maybe necessary.

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